

## About Truth and Reconciliation Day

Truth and Reconciliation Day is recognized each year on September 30th. The day honours the children who never returned home and Survivors of residential schools, as well as their families and communities. Public commemoration of the tragic and painful history and ongoing impacts of residential schools is a vital component of the reconciliation process.

This federal statutory holiday was created through legislative amendments made by Parliament. In 2021, Council resolved to recognize the National Day for Truth and Reconciliation in a number of ways, including directing staff to prepare appropriate education and training in recognition of the day.



#### About this Booklet

This booklet has a collection of information about Truth and Reconciliation Day, including some brief informational resources to learn more about Truth and Reconciliation and Indigenous History and Truth. There is also a collection of events and other learning opportunities that you can participate in to learn and understand more about the Truth and Reconciliation process.

As staff for the Municipality of Callander, it is important that we all have an understanding of the people we serve, and the recognition of different cultures in our community.

Did you know that as of 2021, 11.7% of the Nipissing Parry Sound Region identified as Indigenous?

# What you can do to recognize Truth and Reconciliation Day



#### **Orange Shirt Day**

The National Day for Truth and Reconciliation and Orange Shirt Day both take place on September 30th.

Orange Shirt Day is an Indigenous-led grassroots commemorative day intended to raise awareness of the individual, family, and community inter-generational impacts of residential schools, and to promote the concept of "Every Child Matters". The orange shirt was chosen as a symbol of the stripping away of culture, freedom and self-esteem experienced by Indigenous children over generations.

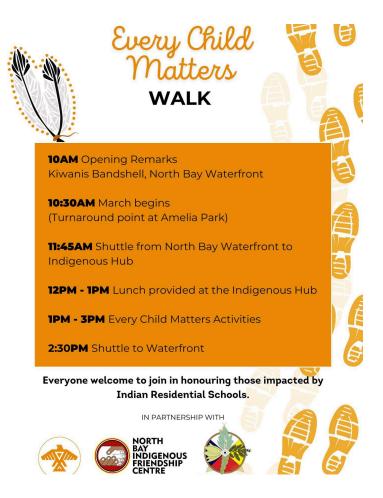
On September 30th, all Canadians are encouraged to wear orange to honour the thousands of Survivors of residential schools. To make this gesture especially impactful, it is encouraged to try to get an orange shirt from an Indigenous creator or community, rather than a chain store. Often, proceeds from Orange Shirts when purchased for Orange Shirt Day go toward various Indigenous causes that are more impactful.

#### What the Government is Doing

#### Remembering the Children: National Day for Truth and Reconciliation 2024

A national commemorative gathering will be broadcast live from Parliament Hill on September 30th. Check your local channels to view. This year's gathering will encompass reflections from esteemed Elders and Survivors as well as performances by First Nations, Inuit and Metis artists.

#### What's Going On Locally



The North Bay Indigenous Friendship Centre is hosting a day long event in partnership with the Anishinabek Nation, North Bay Indigenous Hub.

On September 30th, the day will begin at 10 a.m. with an opening ceremony at the Kiwanis Bandshell on the waterfront, followed by a march to Amelia Park. Afterward, a shuttle bus will be available to transport participants to the Indigenous Hub at 1040 Brookes Street, where activities, food, and refreshments will continue. A sacred fire will be lit at the Hub at 9 a.m., and all are welcome to come and offer their prayers or make an offering throughout the day.

### Learn More



As part of the Municipality's goal to provide education to staff for Truth and Reconciliation, below is a collection of resources that might be interesting to staff.

#### Residential Schools Information Booklet from Assembly of First Nations

This short information booklet provides a brief history of Residential Schools, their legacy, and the Truth and Reconciliation Commission of Canada. Click each section below for a brief overview:

- 1. What are Residential Schools?
- 2. <u>Residential School Experiences</u>
- 3. Public Response to the Residential School Legacy
- 4. The Truth and Reconciliation Commission of Canada

Scan the QR code with your mobile device to view the booklet if you don't have access to the links above.



### Learn About Cultural Competency from the Assembly of First Nations

Cultural competency is important for us as an organization to understand, as how we recognize the value of diverse worldviews and cultures of other people reflects on the Municipality as a whole, not only staff as individuals. Click each section below for a brief overview:

- 1. What is Cultural Competency?
- 2. Why is Cultural Competency Important?

Scan the QR code with your mobile device to view the booklet if you don't have access to the links above.



## **Lunch and Learn Opportunities**



More of a visual learner? Try these live videos!

The National Centre for Truth and Reconciliation (NCTR) is hosting a week of Lunch and Learns to learn more about colonial history in Canada and to commemorate truth and history from First Nations, Metis and Inuit knowledge keepers.

Each free session is 50 minutes and will begin at 1:30 EST. You can <u>register here</u> for one or all, or scan the QR code to register. If you are unable to view the sessions live, each one will be made available on the <u>NCTR YouTube channel</u> within a couple of hours.



## Join in the Conversation

#### Follow the discussions online

To find out more about First Nations, Inuit and Métis-led virtual activities, please visit the official pages for National Indigenous Organizations:

- <u>Assembly of First Nations</u>
- Inuit Tapiriit Kanatami
- <u>Métis National Council</u>
- Orange Shirt Day
- National Center for Truth and Reconciliation
- find your local Friendship Centre

#### Join in the conversation

- Twitter: <u>@GCIndigenous</u> and <u>@GovCanNorth</u> use the hashtags #NDTR and #EveryChildMatters
- Facebook: <u>GCIndigenous</u>, <u>GovCanNorth</u> and <u>@GCIndigenousHealth</u>
- Instagram: <u>@gcindigenous</u> use the hashtags #NDTR and #EveryChildMatters
- YouTube



The Survivors Flag: The Survivors' Flag is an expression of remembrance, meant to honour residential school Survivors and all the lives and communities impacted by the residential school system in Canada. Each element depicted on the flag was carefully selected by Survivors from across Canada, who were consulted in the flag's creation.

## Support

If you, or someone you know needs support, especially about Residential school trauma, there are a number of available resources:

A <u>National Residential School Crisis Line</u> is available to provide support to former Residential School students and their families. You can access emotional and crisis referral services by calling the free-of-charge 24-Hour National Crisis Line at <u>1-866-925-4419</u>.

Indigenous peoples across Canada can also connect with <u>The Hope for Wellness Help Line</u> 24 hours a day, seven days a week for counselling and crisis intervention. Call the toll-free helpline at <u>1-855-242-3310</u> or connect to the <u>online chat</u>.

<u>Talk4Healing</u> is a culturally grounded, fully confidential helpline available in 14 languages for Indigenous women in Ontario. Call the toll-free number at <u>1-855-554-HEAL (4325)</u>.

Free and confidential mental health support is available to anyone who may be affected.